



# New Start Recovery Solutions Recovery Happens Outpatient Rehabs

Bay Area and Northern California  
Addiction Treatment Rehabs

Residential: Concord and Bangor/Chico Area  
Outpatient: Sacramento, Roseville, San Rafael, Walnut Creek

[www.newstartrecoveryolutions.com](http://www.newstartrecoveryolutions.com)

For more information, please contact:  
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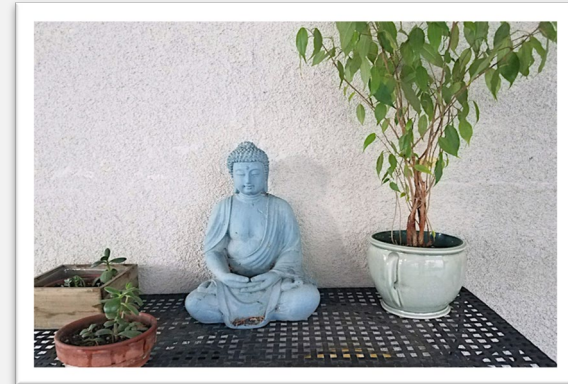
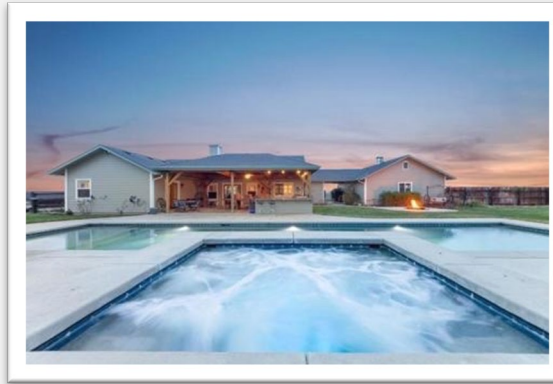
Phone: [877-367-9930](tel:877-367-9930) Admissions: [866-303-6275](tel:866-303-6275)





New Start  
Recovery  
Solutions

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## New Start Recovery Solutions Recovery Happens Outpatient Rehabs

***Visualizing Your Ideal Life in Recovery is Your Job -  
Helping You to Get There is Ours.***

**[866-303-6275](tel:866-303-6275)**

We Accept Most Insurance

We are an approved [VA Community Care](#) provider | In-Network with TriWest



## New Start Recovery Solutions Mission



*Photo Credit – [www.123rf.com/profile\\_rdonar](http://www.123rf.com/profile_rdonar)*

**Our mission at New Start Recovery Solutions is to provide treatment to individuals and their loved ones whose lives have been impacted by addiction.**

We believe that addiction is a complex but treatable disease – and that a ‘universal’ addiction treatment program is not appropriate for everyone. Each client receives a complete evaluation and individualized treatment plan.

Recovery treatment includes individual counseling, group counseling and individualized medication protocol (when needed).

Other elements of our whole person treatment include holistic practices, such as [mindfulness](#), [relapse prevention](#), [nutrition](#), tai chi, yoga, and [meditation](#).

## Addiction Recovery Treatment Options

[Contact New Start Recovery Solutions](#) for details and more information on addiction treatment programs that will fit your needs – and will work best for *you*.

**Treatment for Substance Abuse and Dual Diagnosis**  
**Inpatient Residential Treatment and Outpatient IOP and PHP Addiction Recovery**



[Medical Detox](#) | [Residential Rehabs](#) | [Outpatient Rehabs](#) | [Admissions](#)  
[Dual Diagnosis Integrated Treatment](#) | [Functional Alcoholic and Addict Rehab](#)  
[Military and Veterans Dual Diagnosis Trauma-Informed Programs](#) | [First Responders Dual Diagnosis Trauma-Informed Program](#)

## Medical Detox

**Patients admitted into our Bay Area Medically Managed Detox Program 24/7**

Do not let the fear of alcohol withdrawal keep you trapped!



Photo Credit – [www.shutterstock.com/g/Followtheflow](https://www.shutterstock.com/g/Followtheflow)

Break the cycle of addiction through safe [medical detox](#). You *can* take back your life.

The compassionate staff at *New Start Recovery Solutions* will help you to regain control of your life with access to safe and medically managed [detox](#).

We accept medical detox patients 24 hours/day, 7 days/week at our [Concord CA](#) facility.

Our fully staffed [medical detox](#) facility provides a safe and comfortable environment to go through the process of substance withdrawal. This allows our patients to focus solely on healing. It gives our patients the peace of mind and confidence needed to face addiction head-on.

Whether you have been addicted for several days or many years – a safe, comfortable [detox](#) is the essential beginning to [recovery](#)!

Studies have shown that for long-lasting addiction recovery after detox – individuals benefit most by immediately entering an [inpatient](#) or [outpatient addiction rehab](#) treatment program.



## Dual Diagnosis Substance Abuse Treatment: Residential and Outpatient Rehabs

### New Start Recovery Solutions Specializes in Dual Diagnosis Addiction Treatment

We provide trauma-informed and evidence-based [dual diagnosis addiction recovery treatment](#) for the whole person.

Medical and clinical professionals have a term for people who have both a mental health issue (such as [PTSD](#), depression, trauma, anxiety) and an addiction problem (substance use disorder, or SUD).

The term is **Dual Diagnosis, or Co-occurring Disorders**. This means the individual has a combination of mental disorders (such as depression, anxiety, trauma, etc.) and an addiction (to drugs or alcohol.)

If you think you may be suffering from addiction - as well as PTSD, depression, trauma, anxiety or other mental health issue (dual diagnosis) - please know that seeking help is the first step to addiction recovery and regaining control of your life.

Our addiction recovery philosophy uses an integrative, whole person approach to addiction treatment, including dual diagnosis. Our holistic therapies include [mindfulness](#), yoga, tai chi and cognitive behavioral therapy. Our goal is to assist our clients in bringing their lives – body, mind and spirit – into a state of balance and [wellness](#).



*Photo does not represent a current therapy group.  
In 2020 - we follow all CDC COVID-19 Guidelines.*

*Photo Credit: [www.123rf.com/profile\\_stockbroker](http://www.123rf.com/profile_stockbroker)*

## Professionals Substance Abuse Treatment Program



Photo Credit: [www.123rf.com/profile\\_altitudevisual](http://www.123rf.com/profile_altitudevisual)

Professional impairment is the inability to practice according to accepted standards as a result of [substance abuse](#) or drug dependence (addiction).

Professions that experience high levels of [functional alcoholism](#) and [substance abuse](#) include:

- [Attorneys](#)
- [Doctors and Medical Professionals](#)
- [Airline Pilots](#) and [Flight Attendants](#)
- [First Responders](#)
- [Professionals](#)

Functional addicts are often found in high stress and highly paid careers and professions. We have programs for licensed professionals and functional addicts in all professions.

Signs of substance abuse and addiction in functional addicts are not immediately evident. For some, addiction can coexist for a time with what seems to be a perfectly normal lifestyle.

By treating the Whole Person (including our [Conscious Recovery Program](#) and [Mindfulness Training](#)) – we provide the skills training, therapy and support needed for life-long recovery.

## Veterans and Military Addiction Rehab Centers Northern California

### Veteran Substance Abuse and PTSD Integrated Treatment Rehab

#### How Common is Co-occurring PTSD and Substance Use Disorder in Veterans?

According to [Pew Research Social Trends](#), 20% of veterans with [PTSD](#) say they struggled with alcohol or substance abuse in the first few years after leaving the military.

- 27% of Veterans in VA care diagnosed with PTSD – also have substance use disorder (SUD).
- The [VA Mission Act](#) allows veteran treatment for dual diagnosis in approved Community Care rehab centers.
- **New Start Recovery Solutions** is an approved [VA Community Care](#) provider for residential [integrated PTSD Dual Diagnosis Treatment](#). We are In-Network with TriWest.
- The good news is that [integrated dual diagnosis treatment](#) for PTSD and substance use disorder – works.



*Photo Credit: [www.123rf.com/profile\\_zabelin](http://www.123rf.com/profile_zabelin)*





## New Start Recovery Solutions

### Residential Inpatient and Outpatient IOP and PHP Addiction Treatment Rehabs

#### Residential Inpatient Addiction Rehab Treatment

Our [dual diagnosis](#) residential drug and alcohol [medical detox](#) and [addiction recovery treatment](#) programs are in the Northern California area. We assist our clients to build a healthy body and mind – and to develop the emotional skills and mindfulness for sustainable sobriety.

[Residential Addiction Rehab Treatment](#)

#### Outpatient Addiction Rehab Treatment Centers

Our ***Recovery Happens Rehab Services*** provides high quality outpatient treatment (IOP and PHP) for people in all stages of alcohol and substance use - from experimentation to addiction.

We have five locations in Northern California – from Walnut Creek to Sacramento.

[Outpatient Addiction Rehab Treatment](#)

- [Medically Managed Detoxification](#)
- General [Outpatient](#) Services
- Men & Women ages 18+ for all services
- 24-hour on-site monitoring
- [Residential](#) Inpatient Rehab Treatment
- [Conscious Recovery](#) Whole Person Recovery
- 24-hour transportation available
- [Dual Diagnosis Treatment](#) (Our Specialty)
- [PHP Partial Hospitalization Program](#)
- [IOP Intensive Outpatient Treatment](#)
- [Veteran/Military PTSD Dual Diagnosis Rehab](#)
- TriWest In-network (Proud to be Serving our Military!)



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## New Start Recovery Solutions

### Northern California Evidence-Based Whole Person Addiction Recovery



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New Start Recovery Solutions

Addiction Treatment Northern California and the US  
[Bay Area](#), [East Bay](#), [Silicon Valley](#), [Northern California](#)

Dual Diagnosis Holistic Addiction Recovery

Our [dual diagnosis](#) addiction treatment centers in California provide a host of services.

**[Verify Insurance](#)**

Call Admissions at [866-303-6275](tel:866-303-6275) for assistance.

Most insurance accepted.

*We are an approved VA Community Care provider | In-Network with TriWest*



## New Start Recovery Solutions Recent Reviews

Over the last 16 years, I've been to multiple treatment centers both as a client and as a supportive family member. Rarely have I experienced a symbiosis of care, quality of facilities, and professionalism like my little brother was provided at New Start. From our initial phone conversations, to intake, and now his continued care - the journey has gone as smoothly as humanly possible. There are always surprises along the way and a program's ability to morph in stride is critical. New Start rolled with the punches and included our family as well as his therapist at home. This is one of the best programs around. Period.

Todd S.  
September 2020

[See More Reviews](#)

I only write reviews when it really matters. This is an instance where I believe writing a review not only matters but can save someone's life.

9 months ago my wife entered New Start Recovery.

She had been battling major addiction for approximately 10 years. However the last 2 years of her addiction had really taken their toll. We were homeless and could not provide for our children. We saw no light at the end of the addiction tunnel. We were blessed and have a loving family that reached out to New Start Recovery Solutions on our behalf. My mother in-law was able to seamlessly set-up her intake, get her the proper medication for her detox, and get her in to see a doctor in 2 days. It all happened so fast! They even drove to our location and picked her up. She has been clean for a little over 9 months. Now she lives in Oroville in one of their SLE's. This program has helped us find housing, write to the courts, helped locate jobs for us and even still currently drive us to our jobs. For anyone looking for a New Start (see what I did there) I recommend with all my heart putting your faith in this program. They saved mine and my wife's life and most importantly gave us the ability to provide the life our children deserve.

Joshua N.  
March 2020





## Our Locations

### New Start Recovery Solutions Residential Inpatient Rehabs

[New Start Recovery Solutions, Concord](#)

2449 Pacheco Street  
Concord, CA 94520

[Photo Tour](#)

[New Start Recovery Solutions, Bangor](#)

40 Coyote Moon Trl  
Bangor, CA 95914

[Photo Tour](#)

### Recovery Happens Outpatient IOP and PHP Addiction Treatment

***Fair Oaks/Sacramento***

[Recovery Happens Fair Oaks](#)

7996 Old Winding Way, Suite #300  
Fair Oaks, CA 95628

***Roseville***

[Recovery Happens Roseville](#)

3017 Douglas Blvd., 3rd Floor  
Roseville, CA 95661

***San Rafael***

[Recovery Happens San Rafael](#)

938 B Street  
San Rafael, CA 94901

***Walnut Creek***

[Recovery Happens Walnut Creek](#)

2121 North California Blvd., Suite 290  
Walnut Creek, CA 94596