

**Visualizing  
Your Ideal  
Life In  
Recovery  
is  
Your Job -  
Helping  
You  
to Get There  
is Ours**

[www.newstartrecoveryolutions.com](http://www.newstartrecoveryolutions.com)



  
**New Start  
Recovery Solutions**

 **SIERRA**  
Health + Wellness Centers

Our Dual Diagnosis treatment programs help patients discover and resolve the underlying issues, trauma and stresses that often drive addictive behaviors.

We assist our clients to build a healthy body and mind - and to develop the mindfulness, resilience and emotional skills for sustainable sobriety.

**We Accept Most Insurance  
EAP and Union Programs | VA Community Care Provider**

- Medically Managed Detoxification
- General Outpatient Services
- Outpatient Mental Health Therapy
- Men & Women Ages 18+
- 24-hour on-site monitoring
- Residential Inpatient Rehab
- Mindfulness for Recovery
- Telehealth Virtual IOP
- Relapse Prevention
- 24-hour transportation available
- Dual Diagnosis Treatment
- PHP 'Day Program'
- IOP Intensive Outpatient Treatment
- Veteran PTSD Dual Diagnosis Rehab
- VA Community Care Provider
- TriWest In-network

**Questions, Consultations and Admissions**

**866-303-6275**

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