



# NEW START RECOVERY SOLUTIONS ALUMNI

## Psychoeducation Lecture Series

Recovery Support  
Learn and Grow

Sept 6 @ 6pm - 7pm

**Dr. Angela Chanter, PsyD**

*Welcome Back to my New Reality*

Identity in Recovery: How to Introduce Others  
to Your Recovery and Changes.

Oct 4, 2022 @ 6pm - 7pm

**Dr. Greg Gisle, PsyD**

*Depression Emerging in Recovery:*

*Recognizing the Signs and Responding Effectively*

Nov 1, 2022 @ 6pm - 7pm

**Cicily Baird AMFT, APCC**

*Self-Destructive, Self-sabotaging Behaviors:*

*Attachment Correction in Recovery*

Dec 6, 2022 @ 6pm - 7pm

**Jason Wilson LPC, PsyD Associate**

*How to Navigate Relationships in Recovery*

Jan 3, 2023 @ 6pm - 7pm

**Scott Bobrow MA, LMFT**

*Relapse Warning Signs in Active Recovery:*

*How to Build and Maintain a Framework of Recovery*

Feb 7, 2023 @ 6pm - 7pm

**Lisa Plummer MS, AMFT**

*Circle of Influence - Circle of Concern:  
Power of Words*

March 7, 2023 @ 6pm - 7pm

**David Burke LAADC / ICADC**

*Craving Identification  
and Relapse Precautions*

April 4, 2023 @ 6pm - 7pm

**Elaine Johnson APCC**

*The Importance of Self-Care:  
What it Looks Like in Recovery*

May 2, 2023 @ 6pm - 7pm

**Dr. Eric Moreland, PsyD**

*Principles of Addiction Biology:  
The Disease Model of Addiction*

**Join Meetings in your NSRS Alumni App → Events Section**

Questions? Contact Jon Peterson, Director of Alumni Programs, New Start Recovery Solutions  
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